

December 2018

Tuesday December 4th

Vegetable soup
Chicken alfredo over rotini
noodles with peppers
Broccoli and cauliflower
Dessert

Thursday December 6th

Cream of mushroom soup
Roast pork with gravy
Mashed potatoes
Peas
Dessert

Tweed Frozen Delivery Mon., Dec. 10th

Tuesday December 11th

Bean and bacon soup
Fillet of sole with tartar sauce
Mushroom rice
Squash and carrots
Dessert



Thursday December 13th

Madoc & Stirling Frozen Delivery
Caesar salad
Hot hamburger w/sautéed onion
and gravy over mashed potato
Mixed vegetables
Dessert

Tuesday December 18th

Marmora Frozen Delivery
Chicken noodle soup
Ham steaks
Scalloped potatoes
Green and yellow beans
Dessert

Thursday December 20th

Coleslaw
Turkey dinner with all the
fixings
Dessert

*Special diets can be accommodated.
Menu items may vary on occasion due to availability &
circumstances beyond our control.*

On behalf of the staff,
board of directors and the many
wonderful volunteers at
Community Care for Central Hastings;



Your next hot meal will be
delivered
Thursday, January 3rd, 2019.

*If you would like meals over the
holiday -
Frozen meals can be ordered by
November 21, 2018*