

November 2018

Thursday November 1st

Country vegetable soup
Honey garlic meatballs over rice
Mixed vegetables
Dessert

Tuesday November 6th

Beef barley soup
Tomato herb chicken over
rotini noodles
Broccoli and cauliflower
Dessert

Thursday November 8th

Madoc and Stirling Frozen Delivery

Coleslaw
Haddock with tartar sauce
Garlic and chive potatoes
Green and yellow beans
Dessert



Tweed Frozen Delivery-Monday Nov. 12th

Tuesday November 13th

Marmora Frozen Delivery

Tossed Salad
Teriyaki pork stir fry over rice
Mixed Vegetables
Dessert

Thursday November 15th

Cream of Broccoli soup
Salisbury Steak with onion gravy
over mashed potatoes
Broccoli and cauliflower
Dessert

Tuesday November 20th

Vegetable noodle soup
Chicken parmesan with
peppers over rotini noodles
Garden vegetables
Dessert

**No meal delivery on Dec 25th, 27th
or Jan 1st 2019.**

**If you would like to order frozen
meals over the holidays please call
the office by Nov 21st.**

Thursday November 22nd

Matthew Place Social

Caesar Salad
Sausage in marinara on penne
noodles with pepper medley
Squash and carrot
Dessert

Tuesday November 27th

Cream of broccoli soup
Salmon patty with dill sauce
Boiled potatoes
Peas
Dessert

Thursday November 29th

Split pea soup
Meatloaf with gravy over
mashed potatoes
Turnip and carrots
Dessert

Special diets can be accommodated.

*Menu items may vary on occasion due to
availability & circumstances beyond our control.*



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