

October 2019

Tuesday, October 1st

Garden Salad
Meatloaf with Gravy
Mashed Potatoes
Peas
Dessert

Thursday, October 3rd

Cream of Broccoli Soup
Salmon Patty with Dill Sauce
Garlic Potatoes
Mixed Vegetables
Dessert

*Tweed Frozen Delivery
Monday October 7th*

Tuesday, October 8th

Italian Wedding Soup
Apple Braised Pork
Whipped Potatoes
Squash and Carrots
Dessert

Thursday, October 10th

Madoc & Stirling Frozen Delivery
Coleslaw
Chicken Stir Fry over Rice
Broccoli and Cauliflower
Dessert



The office will be closed
for Thanksgiving on
Monday, October 14th

Tuesday, October 15th

Marmora Frozen Delivery
Caesar Salad
Beef Stroganoff on Noodles
Green & Yellow Beans
Dessert

Thursday, October 17th

Minestrone Soup
Haddock with Tartar Sauce
Garlic Potatoes
Squash and Carrots
Dessert

Tuesday, October 22nd

Cauliflower & Cheddar Soup
Pork Loin with Gravy
Mashed Potatoes
Peas and Carrots
Dessert

Thursday, October 24th

Matthew Place Social
Tossed Salad
Chicken Parmesan over
Rotini Noodles
Broccoli and Cauliflower
Dessert

Tuesday, October 29th

Spinach Salad
Salisbury Steak with Gravy
Mashed Potatoes
Carrots
Dessert

Thursday, October 31st

Asparagus Soup
Fish cakes with Dill Sauce
Boiled Potatoes
Garden Vegetables
Dessert

Special diets may be accommodated.

*Menu items may vary on occasion due to availability &
circumstances beyond our control.*