

MISSION STATEMENT

Community Care for Central Hastings is a volunteer based agency for seniors and adults with physical disabilities. We strive to provide programs and services that assist our clients to reside in their own homes and improve the quality of life by assisting them in better utilizing community resources.

VALUE STATEMENT

Community Care for Central Hastings clients inspire our professional team to provide individualized, non-judgmental client-centered services. We pledge to demonstrate integrity, dignity, compassion, understanding and respect for all.

VISION STATEMENT

Community Care for Central Hastings will be the leader in providing exceptional and compassionate care for our clients by embracing their ever-changing needs through the development of a multi-service community centre, encompassing all relevant partners.

FUNDING

Our agency is partially funded by the Ministry of Health and the remaining funding responsibility falls to our agency to raise. If you would like information about how to donate a financial gift to Community Care, please contact the office. An income tax receipt will be issued.

JOIN OUR TEAM

We have a strong, talented team of volunteers that help deliver our services. We invite you to join our team and make a difference in **someone's life**. Consider becoming a volunteer for one of our many different programs. Contact the office for more information.

"Caring comes from within, but our strength comes from our Volunteers!"

TESTIMONIAL

"It has been just over 5 years that I've been dealing with Community Care. I think we benefited from every service. You are a well-organized, responsible and caring organization. My mother's quality of life was greatly enhanced by your services. You were all so easy to contact and arrangements were always reliable so that they were never a cause of stress for me as the caregiver. Thank you."

- Client's Caregiver

"Since losing my license I became very lonely but thanks to the Reassurance call program I feel much better having someone to speak with each week."

- Reassurance Call Client

"I would not be able to stay at home if it wasn't for Community Care for Central Hastings. The drivers are so helpful and thoughtful and I feel so at ease knowing they are there."

- Transportation Client

"We are very grateful for the meals we received today, they were delicious. We are so grateful for Community Care accommodating our schedule and thoroughly enjoy the meals."

- Meals On Wheels Client

HIDDEN TREASURES

Community Care's second hand store where you can find unique and useful items from books and dishes to desk and sofas. Good quality used items are constantly coming in to the store so you should visit often to see all the "treasures". All proceeds go to fund Community Care programs.

332 Victoria St., N Tweed, ON 613-478-0101

Monday to Friday 10:00am—4:00pm

Saturday: 10:00am—3:00pm

Closed Sunday



**COMMUNITY CARE
FOR CENTRAL HASTINGS**

108 Russel St., Box 201, Madoc ON K0K 2K0

Tel: 613-473-9009 or 1-800-554-1564

Fax: 613-473-9010

Email: ccch@ccch.ca

www.ccch.ca

Helping Seniors & Adults with Physical Disabilities

Serving the Municipality of Tweed, Centre Hastings, Stirling & Rawdon, the Townships of Marmora & Lake, Tudor & Cashel, Madoc and the Hamlet of Roslin.

MEALS ON WHEELS

Our delicious meals are home cooked and nutritionally balanced. Hot meals are available Tuesday and Thursdays. Special diet requirements may be accommodated.

FROZEN MEALS

These home-style meals can be heated in your oven or microwave, and can be kept on hand in your freezer. You can choose your own complete meals from our tempting array of main dishes, soups and desserts.

MEALS ON WHEELS SOCIAL

Come together with others to enjoy a delicious lunch and social time in the apartments common room (where available).

DINERS CLUB

Enjoy a home made nutritious meal, social activities and meet new and old friends. Meals are served in a central location on pre-arranged days, one a month.

ESCORTED TRANSPORTATION

Volunteer drivers are available to escort clients on long distance and local trips for medical appointments, shopping or social activities. For information regarding rates please contact the office.

ESCORTED MOBILITY VAN

The mobility van increases the capacity of Community Care to provide transportation for medical type appointments to assist the seniors and adults with physical disability population. The mobility van compliments the Volunteer Escorted Transportation program.

CRISIS INTERVENTION

Support and intervention for seniors and adults with physical disabilities and caregivers in critical situation.



FRIENDLY VISITING

This service provides "Friendly Visits" by a volunteer on a regular one-to-one basis.

REASSURANCE CALLS

Calls are made by volunteers on a regular basis each week to provide a friendly voice and reassurance.

RURAL MAIL COURIERS ALERT PROGRAM

Delivered in partnership with Canada Post Mail Couriers and is an extension of the Reassurance Program.

INDOOR WALK PROGRAM

Join us mornings on Monday, Wednesday and Friday, or evenings on Monday, Tuesday and Friday, in Madoc for an enjoyable indoor walk with friends.

FRIENDLY ACTIVE LIVING PROGRAM

Simple, yet progressive exercises, designed to enhance and maintain functional fitness, mobility and independence.

BLOOD PRESSURE CLINIC

Regular monthly monitoring of your blood pressure in a comfortable and friendly setting.

HOUSEHOLD MANAGEMENT

On-going assistance with routine household tasks and assistance with small, one-time chores around the house.

FOOT CARE CLINIC

Foot care clinic is available in Madoc. Care includes Diabetics, Corns, Foot Soak, Ingrown Nails, Calluses and more for \$25.00 a session. In home \$35.00.