

# COMMUNITY CARE EVENTS CALENDAR

EVENT	Madoc	Marmora	Stirling	Tweed
<b>Diner's Club—Noon</b> Monthly from Sept- June	2nd Monday St. John's Anglican Church	2nd Wednesday Marmora Community Centre	4th Monday St. Paul's United Church	4th Wednesday St. Edmund's Hall, Stoco
<b>Meals on Wheels: HOT Tuesdays &amp; Thursdays 11:30 to 1:00</b> <b>Frozen deliveries monthly: Madoc &amp; Stirling: 2nd Thursday and</b> <b>Tweed &amp; Marmora the following Tuesday</b>				
<b>Social</b>		4th Thursday 43 Matthew Place		
<b>Blood Pressure Clinics - Monthly</b>	3rd Wednesday 9:30-11:30 47 Wellington St.	2nd Tuesday 9:30-11:30 Caessant Care	2nd Thursday 9 - Noon 204 Church St.	1st Wednesday 8:00 - Noon 23 McCamon Ave.
<b>Friendly Active Living</b> Weekly from Sept - June	Wednesdays Trinity United Church 10:30 am			
<b>Foot Care Clinic</b> Monthly	1st Thursday of Month 47 Wellington St.			
<b>Indoor Walk Program</b> from Sept - June	Centre Hastings Secondary School - Madoc A.M. Monday, Wednesday and Friday 9:45-10:45 P.M. Monday, Tuesday and Friday 6:45-7:45			