

# **Beefy Tomato & Cheese Casserole**

Ground beef with diced tomatoes over a cheesy macaroni served with cut green beans and carrots

# **Salisbury Steak**

Beef patty with diced onions and mushroom gravy, served with potato bites, carrots and peas.

# \* Meatloaf with Gravy

With mashed potatoes, broccoli, carrots and cauliflower.

# **Meatballs with Gravy**

Served with mashed potatoes and corn.

# \* Barbeque Meatloaf

With a house blend BBQ sauce, mashed potatoes, green and yellow beans.

# **Saucy Meatballs**

Beef meatballs in a sweet and sour sauce, served with mashed potatoes and turnip.

#### \* Pot Roast

Tender beef roast served with onion gravy, mashed potatoes with a veggie medley.

#### **NEW!** Chilli

Served with mashed potatoes.



# \* Chicken and Gravy

Rich gravy over roast breast chicken, mashed potatoes with peas and carrots.

#### \* Lemon Chicken

Battered chicken in a lemon sauce, served with basmati rice & peas.

#### **Chicken Alfredo**

Chicken breast strips in a creamy alfredo sauce, served with rotini noodles and carrots, cauliflower & broccoli.

# \* Honey Garlic Chicken Stir Fry

Chicken breast strips and oriental veggies stir fried over basmati rice with green and yellow beans.

# **Chicken and Chips**

Breaded chicken fingers served with French fries and cut green and yellow beans.

# **NEW! BBQ Chicken**

Boneless chicken breast with BBQ sauce served with scalloped potatoes and corn.



#### **Baked Glazed Ham**

Served in a pineapple glaze with scalloped potatoes and carrots.

# **Bangers and Mash**

Three home-style bangers with gravy served with mashed potatoes and peas.

# \* Apple Braised Pork

Roast pork loin braised in apple sauce, with mashed potatoes, turnip and carrots.

#### \* Frikadellen

German pork patty in onion gravy, mashed potatoes with mixed veggies.

# \* Roast Pork Dinner

Served with mashed potatoes, gravy, turnip and carrots.



# Fish and Chips

Breaded fish fillet with French fries served with green beans & diced carrots.



# **Beef Barley**

Homestyle barley soup featuring beef and vegetables.

# **Creamy Carrot**

A creamy blend of carrot & onion with a hint of cinnamon.

#### **Cream of Potato & Leek**

A blended mix of potatoes, leeks and cream.

#### **Cream of Broccoli and Cheese**

A delicious homestyle blend of broccoli , vegetables and cheese

#### **Cream of Tomato**

Classic soup made from a blend of tomatoes and cream.

# **Butternut Squash**

Creamy soup with squash and an assortment of warm spices.

#### **Chicken Noodle**

Diced chicken, pasta and vegetables in a homestyle broth.

#### Minestrone

Rustic, traditional assortment of vegetables, beans & pasta.

# **Split Pea and Ham**

A rich, traditional favourite featuring a blend of peas & ham.

#### **Cream of Cauliflower**

Cream-based soup featuring delicious cauliflower.



**Butter Tart** 

Lemon Tart

Blueberry Tart

Apple Crisp

Rice Pudding

Snickerdoodle Bar

Lemon Bar

Banana Cake

Carrot Cake

Chocolate Fudge Cake

Bran Muffin

Cherry Cheesecake

Chocolate Brownie

NEW! Chocolate Chip/Rice

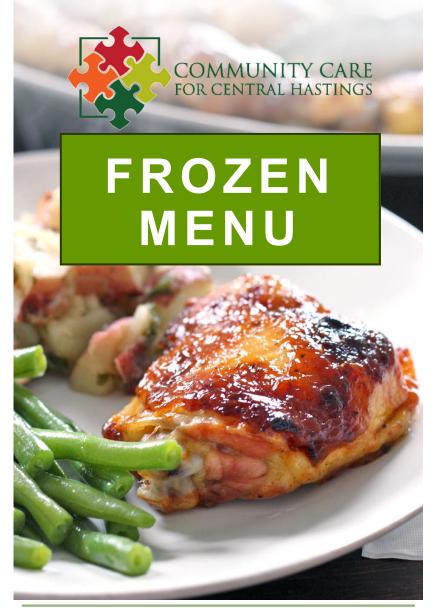
Krispie Cookies

# From our Kitchen

# Welcome to our Homemade Frozen!

We are very excited to share our frozen menu. We have marked our Gluten Free entrees with [\*]. We also offer a variety of pureed meals; please inquire if you would like more information. We're confident you're going to love what's inside our freezer!

Frozen Meals are available on an individual basis and can be delivered Tuesdays & Thursdays.



# COMMUNITY CARE FOR CENTRAL HASTINGS

310 Victoria St N, Tweed, ON K0K 3J0 613-478-CCCH (2224) ~ I-800-554-1564 www.ccch.ca Serving Madoc, Marmora, Stirling, Tweed and surrounding areas