

DECEMBER 2022

Thursday December 1

Cream of mushroom soup
Roast pork loin with gravy
Mashed potatoes
Turnip and carrots

Tuesday, December 6

Spinach salad
Chicken in mushroom
sauce over a bed of rice
Beets

Thursday, December 8

Bean and bacon soup
Hot hamburger with sautéed
onions and gravy
Tater tots
Peas

Tuesday, December 13

Cream of potato and leek
Salmon Patties
Roasted potatoes
Broccoli, cauliflower and
carrots

Thursday, December 15

Coleslaw
Turkey with stuffing
Mashed potatoes with gravy
Carrots and turnip

Tuesday, December 20

Tomato Macaroni Soup
Bangers with gravy
Mashed potatoes
Baked beans

Thursday, December 22

Turkey soup
Glazed ham
Scalloped potatoes
Baked Beans



Our last scheduled
meal for 2022 is

Thursday, December 22!

Place your frozen order to replace
December 27 and December 29
hot meals

by **December 9th**

613-478-2224 ext 5002

Our regular meal
deliveries will begin again on
Tuesday, January 3, 2023

The Board, staff and volunteers at
Community Care for Central Hastings
wish you and your family a Merry
Christmas and a Happy New Year!

Complimentary desserts are included with all meals!