



# January 2023

## Tuesday January 3

Coleslaw  
Meatballs and gravy  
Mashed potatoes  
Corn

## Thursday January 5

Tomato macaroni soup  
Chicken alfredo on rotini  
noodles  
Broccoli, cauliflower &  
carrots

## Tuesday January 10

Coleslaw  
Peameal Bacon with  
peach glaze  
Scalloped potatoes  
Butternut squash

## Thursday January 12

Vegetable soup  
Beefy Cheese Casserole  
Green beans & carrots

## Tuesday January 17

Minestrone Soup  
Honey garlic chicken over  
basmati rice  
peas

## Thursday, January 19

Vegetable beef soup  
Frikadellen in gravy  
Mashed potatoes  
Diced beets

## Tuesday January 24

Spinach salad  
Breaded filet of fish with  
lemon dill sauce  
Roasted potatoes  
Peas and carrots

## Thursday January 26

Butternut squash soup  
Chili  
Whipped potatoes

## Tuesday January 31

Coleslaw  
Salisbury steak  
Tater tots  
Broccoli & cauliflower



**Complimentary desserts are included with each meal!**

*Specialized diets may be accommodated.*

*Menu items may vary on occasion  
due to availability & circumstances  
beyond our control.*