

SEPTEMBER 2022

Thursday September 1

Butternut Squash Soup
Chicken stir fry
Basmati rice
Peas and carrots
Dessert

Tuesday September 13th

Coleslaw
Glazed ham
Scalloped potatoes
Corn
Dessert

Thursday September 22nd

Italian Wedding Soup
Chicken Fingers
Tater Tots
Green & yellow beans
Dessert

**We will be closed
on Monday,
September 5, for
Labour Day!**



Thursday September 15th

Cucumber Salad
Chicken breast (cold)
Pasta Salad
Dessert

Tuesday September 27th

Tossed Salad
Pork loin with gravy
Mashed potato
Broccoli and cauliflower
Dessert

Tuesday September 6th

Pickled Beets
Meatballs & gravy
Mashed potatoes
Baked Beans
Dessert

Tuesday September 20th

Spinach Salad
Meatloaf with gravy
Mashed potatoes
Mixed vegetables
Dessert

Thursday September 29th

Tomato Macaroni Soup
Lemon Chicken
Basmati Rice
Turnip and carrots
Dessert

Thursday September 8th

Cauliflower & cheddar soup
Salmon cakes with dill sauce
Lemon Potatoes
Broccoli and cauliflower
Dessert

*Menu items may vary on occasion due to availability
& circumstances beyond our control.*