



COMMUNITY CARE
FOR CENTRAL HASTINGS

Summer News

September 2019

Our New Home in Tweed

It was a very busy spring for the staff at Community Care! Between packing, moving in soggy weather and unpacking, we are happy to say we have settled in and are very happy in our new surroundings.

Foot Care Clinics

Our foot care program is growing! We have added a third clinic every other month for clients who are coming out to our Madoc location. Our team of professional Registered Nurses care about your feet! They will treat your callouses, trim your nails and watch for any concerns with our diabetic clients. We schedule appointments for both our Tweed and Madoc clinics so please call our office if you are interested in this program (613-478-2224, extension 5003).

Changes to our Diners Program

After our summer break, we are happy to begin preparations for another year of Diners events in our 4 communities. We are thrilled to share with you the Marmora Diners are returning to every month starting in September! A BIG thank you to Marmora Municipality, the seniors group and the community for making this happen. The schedule for each community for 2019-2020 is below.

| MADOC | MARMORA | STIRLING | TWEED |
|-------------|--------------|--------------|--------------|
| October 21 | September 11 | September 23 | September 25 |
| December 9 | October 9 | November 25 | October 23 |
| February 10 | November 13 | January 27 | November 27 |
| April 20 | December 11 | March 23 | January 22 |
| June 8 | January 8 | May 25 | February 26 |
| | February 12 | | March 25 |
| | March 11 | | April 22 |
| | April 8 | | May 27 |
| | May 13 | | June 24 |
| | June 10 | | |



A Huge Success!

Our very first Trees of Plenty fundraising event was 'over the top!' Congratulations to these three grand prize winners: Wayne Bronson (Tweed), Donna (Madoc) and Kathy Thompson (Stirling). We couldn't have done it without the amazing support we received in the form of donations and prizes, the tireless support from our volunteers, everyone who purchased a ticket and the following businesses for allowing us to sell/promote at their locations: Hidden Goldmine Bakery and Kelly's Flowers & Gifts (Madoc), Ivanhoe Cheese, Drummond Building Supplies of Marmora, Rashotte Home Building Centre and Bateman House (Tweed). Thank you so much!



MEALS ON WHEELS SOCIALS

Join us on the 4th Thursday of every month at 43 Matthew Place in Marmora, for our Meals on Wheels Socials. Our first social of the 2019-2020 season is September 26 and the program runs until June 25, 2020. Meals include a salad, entrée, dessert and coffee & tea. The cost is \$7 per person. Sit down with other seniors for an enjoyable lunch and conversation. If you are interested in attending, please give us a call.



THANK YOU!

CCCH would like to thank the Municipality of Centre Hastings for allowing us to join the Canada Day celebrations to promote our Trees of Plenty fund-raising event. It was a beautiful day and we had a ton of fun! Thank you also for the many years of ongoing support of our Meals on Wheels program for donating the use of Ivanhoe Hall. It has been a wonderful partnership that we truly value!



We would also like to thank the Township of Stirling-Rawdon for allowing us to install a drop box on their building. This is a great support for our volunteers who submit paperwork on a regular basis. We truly appreciate the support from our communities!

WE NEED VOLUNTEERS!

If you have as little as an hour a week to spare, we would love to hear from you. Our programs are always looking for volunteers in the Madoc, Marmora, Stirling and Tweed communities. Follow our Facebook page for updates on current volunteer positions. Call us today for more info!

FIND YOUR TREASURE

Attention all bargain hunters!
Come search the shelves of Community Care's second-hand store, Community Care Treasures, for unique and useful items. You can find anything from books and dishes to desks, sofas and yes, even the kitchen sink! Good quality, used items are graciously accepted and sold at the store. We also carry a line of used mobility equipment. Please come in and take a look, or donate gently used articles. All proceeds generated from the sale of our quality used furniture and household items support CCCH programs.

We are located at 312 Victoria St. N., Tweed
Our store hours are:
Monday through Friday
10:00 am—4:00 pm
Saturdays 10:00 am—3:00 pm

COMMUNITY BULLETIN BOARD



GOOD FOOD MARKETS



The Community Development Council of Quinte is a non-profit, charitable organization whose work encompasses all of Hastings & Prince Edward Counties. Their goal is that everyone would have access to an adequate supply of safe, affordable and nutritious food without social or economic barriers.

Good Food Markets bring healthy, affordable produce to Hastings County year-round. The Good Food Market has variety and everyone is welcome. Just bring cash and your reusable shopping bag to pay less and get fresh! Markets run each month, in a community near you, on the days and times below.

BELLEVILLE—first Wednesday from 1:00—3:00 pm at Quinte Living Centre, 370 Front St.

COE HILL—first Thursday from 1:30—3:00 pm at Royal Canadian Legion, 2254 Hwy 620.

FRANKFORD—first Wednesday from 9:30—11:30 am at Community Partners for Success, 100 North Trent St.

MADOC—last Thursday from 9:30—11:30 am at Royal Canadian Legion, 33 St Lawrence St E and 5:00—6:30 pm at Centre Hastings Park, 230 Durham St.

MARMORA—last Thursday from 1:00—3:00 pm at Marmora Library, 37 Forsyth St.

TWEED—second Saturday from 11:00—1:00 pm at Tweed Public Library, 230 Metcalf St.



JOIN THE CONVERSATION. BUILD THE VISION.

How do we build a community where people living with dementia and their care partners are:

- Understood and respected;
- Included and connected to social networks;
- Living healthy active lives.

What can community organizations, churches, businesses, municipal government and residents do to make a difference?

What role do we all play in supporting people living with dementia and their care partners?

Dementia Friendly Tweed:

A Community Forum

September 17, 2:00—4:00 pm
Moira Place Long Term Care Home
415 River St W, Tweed



2019 FLU CLINICS

The influenza vaccine is available at no cost to all persons over the age of 6 months who live, work or attend school in Ontario. These clinics are run by Hastings Prince Edward Public Health and do not require an appointment. For more info please call 613-966-5500 ext. 221 or visit hpePublicHealth.ca

MADOC: November 28 (10:00—3:00),
Trinity United Church.

MARMORA: November 25 (1:00—6:00),
Marmora & Lake Community Hub.

STIRLING: November 4 (9:00 am to 6:30 pm),
St Paul's United Church.

TWEED: November 15 (10:00—3:00),
Agricultural Society White Bldg.



WE LOVE OUR VOLUNTEERS!

David Pacaud was pleasantly surprised when he was "Mugged" as part of the VIQ, Smith Financial Planning Team Investors Group and 95.5 Hits FM Volunteer Appreciation. He has been a volunteer driver with CCCH since 2010 and will drive our clients anywhere, is always on time and is very dependable. Having wonderful volunteers like David makes a huge difference in our clients' lives and puts a smile on their faces. Thank you for your support!

CCCH AGM

Our Annual General Meeting will take place on Thursday, September 19, 2019, at 9:30 am at the CCCH office located at:
310 Victoria St N, Tweed
Please RSVP to Tammy May at
613-478-2224, ext. 2013



COMMUNITY CARE FOR CENTRAL HASTINGS

310 Victoria St N, P.O. Box 849
Tweed, ON K0K 3J0

613-478-CCCH (2224) www.ccch.ca



Community Care for Central Hastings



OUR AMAZING NEW KITCHEN!

Welcome to our new kitchen! We are thrilled to welcome our Meals on Wheels volunteers to our shiny new kitchen at 310 Victoria St N. Our first meals, prepared in our state of the art facility, were delivered on August 26th to clients in our four communities.

HOUSEHOLD MANAGEMENT

Our reliable, brokered workers have been screened by the O.P.P. for the vulnerable sector. They can provide a number of services from homemaking to gardening, lawn care or snow plowing. Please call the office for more information (extension 5007).



CCCH MOBILITY VAN

Our van is equipped to transport clients with mobility devices which may not be accommodated in volunteer vehicles.

Please call us to book your ride
(extension 5005).